

December 20th,, 2022



Noble Central Ski Trip

We are getting to that time of year again – Ski Trip time! This year's (kind of) annual ski trip will be held on February 8th, 2023. Students will tentatively be traveling in a coach bus to Castle Mountain Ski Resort. The **bus will leave at 7:00am**. We ask that all students be at the school no later than 6:45am to begin loading the bus so we can leave on time.

Once we get to the resort, those students who are renting gear will be outfitted with their rentals and begin to get ready to ski or snowboard. As students get organized, they will be directed to their ski/snowboard lessons. All students are required to take a 2 hour lesson. Once lessons are finished, student will have the opportunity to ski or snowboard for the rest of the day. We will depart from the ski hill at 3:30pm, and return to the school at approximately 5:00pm.

Cost for the Ski Trip:

See the attached permission form for individual costs. **All students are required to wear a helmet.** Parents are always welcome to join. If parents are willing to act as a chaperone and take on the responsibility of student supervision on the ski hill, your lift ticket will be free, but your rentals (if you require them) will cost \$30. Please let Mr. Uren or Mrs. MacMillan know as soon as possible if you are willing to take this on.

If you are interested in participating in this year's ski trip, please fill out and sign the forms attached. **All forms must be submitted to Mr. Uren or Ms. Macmillan no later than January 20th and money must be submitted to the above people by Friday, January 27st.** If you have any questions, please contact Mr. Uren or Ms. MacMillan at the school.

Thank you,
Phil Uren

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PALLISER REGIONAL SCHOOLS
Informed Consent/Permission Form
for Minor Tours

DETAILS OF TOUR

Nature of Tour: Annual Ski Trip

Date: February 8, 2023

Time: Leave: 6:45 am Return: 5:00 pm (approx.)

Destination: Castle Mountain Resort

Summary of Activities (Itinerary Attached): Skiing/snowboarding

Supervisor(s): Phil Uren, Chris Maughan, Brenda MacMillan, other staff chaperones as numbers require.

Transportation Arrangements: Commercial Bus

Cost to Student: Dependent on student renting equipment or not:: \$50 (no rental)-\$75 (rental required). Helmets are required for all students and are included in all rentals. If you do not require rentals, but do not have your own helmet, you can rent one at the hill for \$5.

Transportation: \$25. Total cost: lesson, rental, lift ticket and bus: \$100.

Contact Person: Phil Uren Phone: 403.824.3817

ELEMENTS OF RISK

Educational activity programs such as Skiing/snowboarding involve certain elements of risk. Injuries may occur while participating in these activities. The following list includes, but is not limited to, examples of the types of injuries which may result from participating in downhill skiing.

1. Knee injuries
2. Back and neck injuries
3. Wrist injuries
4. Head injuries

The risk of sustaining these types of injuries results from the nature of the activity and can occur without fault of the student or the School Board, its employees/agents or the facility where the activity is taking place. By choosing to take part in this activity, you are accepting the risk that your/your child may be injured.

The chance of an injury occurring can be reduced by carefully following instructions at all times while engaged in the activity.

If you choose to participate in skiing/snowboarding on February 8th, 2023, you must understand that you bear the responsibility for any injury that may occur.

The Board of Trustees of Palliser Regional Schools has invested in IAP Student Accident Insurance, with enhanced coverage for the school year. This provides insurance coverage for all students, teachers and non-teachers on Palliser staff from the time they leave their residence to travel to school to the time they arrive at their residence (or their first destination) after school. This coverage also applies during approved and supervised school trips/activities.

ACKNOWLEDGEMENT

We have read the above. We understand that by participating in the activity described above, we are assuming the risks associated with doing so.

Signature of Student:

Date:

Signature of Parent/Guardian:

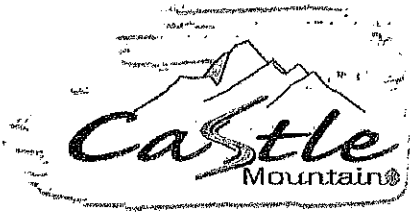
Date:

PERMISSION

I give (name of student) _____ permission to participate in the annual ski trip to be held on February 8th, 2023.

Signature of Parent/Guardian

Date:



Ski & Snowboard Day Registration Form

To be returned to the school

Where: Castle Mountain Resort

When: _____

Please complete the following information:

Student Name: _____

Grade: _____

Parent/Guardian Name(s): _____

Phone: _____

Please circle NO or YES for each option and the associated cost

	NO	YES	COST	Amount Owing
5yrs & Under	No- I have a season's pass	YES	Free	
6yrs+	No - I have a season's pass	YES	\$15	
Grade K + 2 Hour Lesson (required for ALL students)	_____	YES	\$36	
Grade K + Rentals (Includes helmet)	No - I have all my own gear	YES - complete rental information below	\$24	
Bus/Transportation	No - I have my own transport	YES		
TOTAL COST - please enclose cash or cheque for exact amount payable to:				

Rental Agreement and Information

To be returned to the school

Students will not be able to switch between skiing and snowboarding on the day of the school trip so, please be comfortable with your decision!

All participants must wear an appropriate snow sport helmet. This is mandatory. Helmets ARE INCLUDED with every rental package. You can also rent JUST a helmet if you have all your own equipment otherwise.

CASTLE MOUNTAIN RESORT

PINCHER CREEK, AB, CANADA.

SKICASTLE.CA

INFO@SKICASTLE.CA

403.627.5101



Student Name: _____

Type of Equipment: SKI or SNOWBOARD

Grade	Height (cm)	Weight (kgs)	Foot Length (cm) <i>From big toe to heel</i>	Skier/Snb Type

PLEASE COMELETE THIS ACCURATLY SO YOUR CHILD CAN GET SET UP CORRECTLY WITH APPROPRATE EQUIPMENT.

THE UNDERSIGNED AGREES to accept full responsibility for the care of this equipment while it is in the possession of _____ . (Student Name)

THE UNDERSIGNED AGREES to reimburse the resort for any loss or damage to the equipment other than reasonable wear resulting from its use by
_____. (Student Name)

SIGNATURE OF PARENT:

SIGNATURE OF STUDENT:

Lessons

My student will be: SKIING / SNOWBOARDING (circle one)

Ability Level (Choose one): 1 2 3 4 5 (Skiing Only)

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Our priority is to get all visiting students on the snow as quickly as we can so they can get the most out of their exciting trip to Castle Mountain! If you have any questions throughout the day, please first consult your supervising teacher.

Ability Assessment Chart

LEVEL	SKIING	SNOWBOARDING
1	<ul style="list-style-type: none"> No experience or still working on speed control and turning 	<ul style="list-style-type: none"> No experience or still working on speed control with side slipping
2	<ul style="list-style-type: none"> Able to control speed and link turns on steeper Green runs, Tumbleweed off the Huckleberry chairlift 	<ul style="list-style-type: none"> Can pendulum down steeper Green runs, able to turn edge to edge at slow speeds Has been up the Huckleberry chairlift
3	<ul style="list-style-type: none"> Starting to ski parallel at end of turn, working on pivoting to create separation Huckleberry: Tumbleweed and Buffalo Flats 	<ul style="list-style-type: none"> Able to turn edge to edge, steering with the lower body Huckleberry: Tumbleweed, Buffalo Flats
4	<ul style="list-style-type: none"> Skis parallel throughout the turn, working on maintaining balance on outside ski, pole planting, edge grip on steeper terrain Huckleberry: Tumbleweed, Pony Express, Lone Ranger Sundance: North and South Roads 	<ul style="list-style-type: none"> Able to turn continuously down steep Green runs, working on basic freestyle skills and progressing to steeper terrain Huckleberry: Tumbleweed, Pony Express, Lone Ranger Sundance: North Rd. Tamarack: Bandito, Sendero
5	<ul style="list-style-type: none"> Strong parallel skier, has separation between upper and lower body with edge grip Sundance: South Rd., Centre Tamarack: Sheriff, Bandito, Sendero 	<ul style="list-style-type: none"> Able to carve, linking turns of varied shape and size, comfortable riding switch Sundance: Centre Tamarack: Sheriff, Bandito, Sendero

Enjoy your day!

Castle Mountain Resort

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